

City of La Habra Community Services Department presents

# Groovy 70's FAMILY FUN RUN

5K Run/Walk - 1K Kiddy Run - 50-YD. Diaper Dash

MARCH 11<sup>TH</sup>

at the La Habra Marketplace  
(Between Famous Footwear & La Habra Modern Dentistry)

T-SHIRT, MEDAL, & GOODIE BAG FOR ALL FINISHERS

## EVENT SCHEDULE

7:30 a.m. - 50-YD. Diaper Dash

7:40 a.m. - 1K Kiddy Run

8:00 a.m. - 5K Run

8:45 a.m. - Awards

### PACKET PICK-UP

Friday, March 10th | 4 to 6:30 p.m.



at Ruby Red's BBQ  
1841 B W. Imperial Hwy.

### AWARDS:

Top 3 Male & Female 5K Runners  
Top 3 Male & Female 1K Runners  
Largest Group  
Largest School Group  
Most Groovy Dressed Individual Runner  
Most Groovy Dressed Group

For more event details & to register, visit us at:



La Habra Recreation

@LaHabraRec



LaHabraRecreationDivision



www.lahabraca.gov



La Habra Races



562-383-4200

La Habra Community Center: 101 W. La Habra Blvd., La Habra 90631

## OFFICIAL La Habra Races Entry Form

Early Registration Pricing Deadline  
March 3, 2023

Use one form per participant. For group rates of 10 people or more, contact us at 562-383-4200 or LaHabraRaces@lahabraca.gov

Group discount for 10 or more participants

Name \_\_\_\_\_

Age on Race Day \_\_\_\_\_ Phone \_\_\_\_\_

\*Email \_\_\_\_\_

**\* E-mail address required for race updates, including bib assignment & results.**

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

### EVENT (Select One)

- 50-YD. Diaper Dash** (ages 3-5 years)  
\_\_\_\_ \$15 (Thru 3/3/23) \_\_\_\_ \$20 (After 3/3/23)
- 1K Kiddy Run** (ages 6-9 years)  
\_\_\_\_ \$20 (Thru 3/3/23) \_\_\_\_ \$25 (After 3/3/23)
- 5K Run/Walk**  
\_\_\_\_ \$30 (Thru 3/3/23) \_\_\_\_ \$35 (After 3/3/23)

**GENDER** \_\_\_\_ Female \_\_\_\_ Male

### AGE DIVISION (5K)

____ 9 & Under	____ 25-29	____ 45-49	____ 65-69
____ 10-14	____ 30-34	____ 50-54	____ 70-74
____ 15-19	____ 35-39	____ 55-59	____ 75 +
____ 20-24	____ 40-44	____ 60-64	

### SHIRT SIZE\*

____ Youth XS	____ Youth S	____ Youth M	____ Youth L
____ Adult S	____ Adult M	____ Adult L	____ Adult XL
____ Adult 2XL	____ Adult 3XL	____ Adult 4XL	

\*Shirts are preordered. Availability on race day may not match your size preference.

### PAYMENT

\_\_\_\_ CASH \_\_\_\_ CHECK \_\_\_\_ DEBIT/CREDIT CARD  
(Payable to City of La Habra)

### RACE WAIVER & RELEASE

In consideration of the acceptance of my application, I, intending to be legally bound for myself, my executors, administrators and assignees, do hereby waive and release the City of La Habra and its employees and sponsors, volunteers and associates and any other organization from all claims for damages and/or liability arising by the risks involved in the event, and I am physically fit and trained to participate, I acknowledge that I have read the foregoing paragraph and know and understand the contents thereof.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian (if under 18 years) \_\_\_\_\_